

SUKAN INSTITUSI PENDIDIKAN TINGGI MALAYSIA

SUKIPT VII 2026

28 OGOS - 6 SEPTEMBER

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RENANG

TARIKH : 3 SEPTEMBER 2026 / KHAMIS

TEMPAT : KOLAM RENANG UNIVERSITI MALAYA (UM)

Time	Event Num.	Event	Category	Remark
9.00 a.m	101	1500 m freestyle	Men	Time Final - Slowest heat
	102	800 m freestyle	Women	Time Final - Slowest heat
	103	200 m backstroke	Men	Prelims
	104	200 m backstroke	Women	Prelims
	105	400 m individual medley	Men	Prelims
	106	400 m individual medley	Women	Prelims
	107	200 m freestyle	Men	Prelims
	108	200 m freestyle	Women	Prelims
	109	100 m butterfly	Men	Prelims
	110	100 m butterfly	Women	Prelims
	111	50 m breaststroke	Men	Prelims
	112	50 m breaststroke	Women	Prelims
	113	Mixed 4x100 Freestyle Relay	Mixed	Prelims
	114	Men 4x200 Freestyle Relay	Men	Prelims
	115	Women 4x200 Freestyle Relay	Women	Prelims
Break / Lunch time				
4.00 p.m	101	1500 m freestyle	Men	Time Final - Fastest heat
	102	800 m freestyle	Women	Time Final - Fastest heat
	103	200 m backstroke	Men	Final
	104	200 m backstroke	Women	Final
	105	400 m individual medley	Men	Final
	106	400 m individual medley	Women	Final
	107	200 m freestyle	Men	Final
	108	200 m freestyle	Women	Final
	109	100 m butterfly	Men	Final
	110	100 m butterfly	Women	Final
	111	50 m breaststroke	Men	Final
	112	50 m breaststroke	Women	Final
	113	Mixed 4x100 Freestyle Relay	Mixed	Final
	114	Men 4x200 Freestyle Relay	Men	Final
	115	Women 4x200 Freestyle Relay	Women	Final
Prize giving ceremony - Event 101 to 115				

SUKAN INSTITUSI PENDIDIKAN TINGGI MALAYSIA

SUKIPT VII 202^c

28 OGOS - 6 SEPTEME

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RENANG

TARIKH : **4 SEPTEMBER 2026 / JUMAAT**

TEMPAT : **KOLAM RENANG UNIVERSITI MALAYA (UM)**

Time	Event Num.	Event	Category	Remark
9.00 a.m	201	800 Freestyle	Men	Time Final - Slowest heat
	202	1500 Freestyle	Women	Time Final - Slowest heat
	203	200 Butterfly	Men	Prelims
	204	200 Butterfly	Women	Prelims
	205	50 Freestyle	Men	Prelims
	206	50 Freestyle	Women	Prelims
	207	100 Breastroke	Men	Prelims
	208	100 Breastroke	Women	Prelims
	209	100 Backstroke	Men	Prelims
	210	100 Backstroke	Women	Prelims
	211	50 Butterfly	Men	Prelims
	212	50 Butterfly	Women	Prelims
	213	4 x 100 Medley Relay	Men	Prelims
	214	4 x 100 Medley Relay	Women	Prelims
Break / Lunch time				
4.00 p.m	201	800 Freestyle	Men	Time Final - Fastest heat
	202	1500 Freestyle	Women	Time Final - Fastest heat
	203	200 Butterfly	Men	Final
	204	200 Butterfly	Women	Final
	205	50 Freestyle	Men	Final
	206	50 Freestyle	Women	Final
	207	100 Breastroke	Men	Final
	208	100 Breastroke	Women	Final
	209	100 Backstroke	Men	Final
	210	100 Backstroke	Women	Final
	211	50 Butterfly	Men	Final
	212	50 Butterfly	Women	Final
	213	4 x 100 Medley Relay	Men	Final
	214	4 x 100 Medley Relay	Women	Final
Prize giving ceremony - Event 216 to 230				

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28 OGOS - 6 SEPTEMBER 2026

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RENANG

TARIKH : 5 SEPTEMBER 2026 / SABTU

TEMPAT : KOLAM RENANG UNIVERSITI MALAYA (UM)

Time	Event Num.	Event	Category	Remark
9.00 a.m	301	50m backstroke	Women	Prelims
	302	50m backstroke	Men	Prelims
	303	400m freestyle	Women	Prelims
	304	400m freestyle	Men	Prelims
	305	200m breaststroke	Women	Prelims
	306	200m breaststroke	Men	Prelims
	307	100m freestyle	Women	Prelims
	308	100m freestyle	Men	Prelims
	309	200m individual medley	Women	Prelims
	310	200m individual medley	Men	Prelims
	311	4 x 100 Medley Relay	Mixed	Prelims
	312	4 x 100m freestyle	Women	Prelims
	313	4 x 100m freestyle	Men	Prelims
Break / Lunch time				
4.00 p.m	301	50m backstroke	Women	Prelims
	302	50m backstroke	Men	Prelims
	303	400m freestyle	Women	Prelims
	304	400m freestyle	Men	Prelims
	305	200m breaststroke	Women	Prelims
	306	200m breaststroke	Men	Prelims
	307	100m freestyle	Women	Prelims
	308	100m freestyle	Men	Prelims
	309	200m individual medley	Women	Prelims
	310	200m individual medley	Men	Prelims
	311	4 x 100 Medley Relay	Mixed	Prelims
	312	4 x 100m freestyle	Women	Prelims
	313	4 x 100m freestyle	Men	Prelims
Prize giving ceremony - Event 313 to 324				